

# Method and device for determining individually specific physical activities equivalent to insulin effects

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## Abstract of EP 0824240 (A2)

Pulse rate signals under load conditions are fed into a microcomputer system that is programmed with a behavioural model. The period and response cycle of the insulin effect is determined and nomograms are generated that relate insulin dosage to heart rate for an individual. The computer system can be in a hand-held form.

